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CAMPUS UPDATE

DATE: May 19, 2020 1:00 p.m.

FROM: Sean Huyett, President & CEO

How Do We Start

Relaxing Our Pandemic

Procedures?

**What Needs to be
Considered?**

**How Do We Continue
to Keep the Virus Away
from WC?**

Bringing the COVID-19 virus into our campus has been and remains our major concern. As the State of Virginia begins Phase 1 of its re-opening plan, we must take extra care to safeguard you and our employees.

It is reasonable to keep our campus closed as long as the virus is in the area. Our “area” is the Central Virginia Health District which includes Lynchburg plus Campbell, Bedford, Amherst and Appomattox counties; in effect an approximate 25 mile radius around Lynchburg. We hope to begin our process for re-opening our campus once the total cases stabilize, meaning no new cases, in this area for a period of two weeks.

The chart on the next page provides data about the number of cases in our immediate area for the past several weeks. The gestation period of the virus is approximately two weeks. The risk remains, however, of the virus being brought into this area from other parts of the state, country and internationally as long as the virus is active. We need to watch these numbers to make sure they remain constant as we redefine our rules.

**WCL PHASE 1 WILL START WHEN THERE ARE NO
NEW CASES REPORTED IN THE CENTRAL VA
HEALTH DISTRICT FOR 14 DAYS.**

Reopening of our healthcare, assisted living and memory support neighborhoods will be in accordance with new guidelines to be issued by CMS (Medicare).

Our Phase 1 will allow us to re-open dining areas with social distancing requirements. Meetings in the conference rooms, limited to 10 persons, is available now. Additional cleaning before and after use of rooms will be scheduled. *See page 3 for more information.*

**HARVARD MEDICAL
SCHOOL ARTICLE**

*for Your Online Reading
Pleasure*

[https://
www.health.harvard.edu/
diseases-and-conditions/if-
youve-been-exposed-to-the-
coronavirus](https://www.health.harvard.edu/diseases-and-conditions/if-youve-been-exposed-to-the-coronavirus)



Travel Plans ??? Travel within the immediate Lynchburg area will not result in restrictions. However, anyone that travels outside our Health District to an area that has not been stable for two weeks and uses mass transportation will be quarantined for 2 weeks upon return. Please let the Resident Life Office know if you have travel plans for the coming weeks and months.



Hair Salons- The Templeton Wellness Center Salon opened on May 15th and the Drinkard Hair Salon (utilized by healthcare, assisted living and memory support center residents) re-opened today, May 18th. Only 2 residents and 2 staff members can be in the rooms at the same time at a social distance of at least 6 feet apart. Both staff and residents must wear masks. Residents should wear cloth face masks, as hair will stick to the surgical masks. Jane Bailey is calling residents to set appointments.

Wellness- Phase I of the Governor's plan does NOT reopen fitness centers, so WC will hold *as is* for now, with the exception of allowing wellness classes outdoors with a limit of 10 participants and the opening of an outdoor pickleball court.

COVID-19 Cases		
Date	Lynchburg	Central VA District
4/30/2020	53	132
5/1/2020	58	136
5/2/2020	62	142
5/3/2020	64	146
5/4/2020	64	147
5/5/2020	65	150
5/6/2020	65	150
5/7/2020	68	154
5/8/2020	68	154
5/9/2020	68	156
5/10/2020	68	156
5/11/2020	69	158
5/12/2020	70	160
5/13/2020	72	167
5/14/2020	73	169
5/15/2020	73	171
5/16/2020	73	173
5/17/2020	73	174
5/18/2020	74	178

When the Governor opens fitness centers, if it is after the Central Health District has been stable for 2 weeks as discussed above, WC will reduce the constraints to the following:

Pool- maximum of 6 for a class, 4 during non-class times. Stagger use of the locker room; no more than 2 allowed at one time and use of mask when not in the shower. Keep limit of one in the Spa.

In the Gym - Follow Social Distancing &

- ◆ Sanitize hands when entering & leaving.
- ◆ Wipe equipment before and after use.
- ◆ Elliptical, treadmills and bicycles may be used without masks if no one is using other equipment within 6 feet.

Wellness Studio - 6 people for a class with masks. Pickle Ball - 4 people with masks optional. No one else allowed in the Studio. Or play outdoors, weather permitting.



EVS still provides housekeeping services on alternate weeks in apartments and cottages. We plan to resume weekly cleaning in June. Use of EVS services is at the discretion of individual residents. EVS personnel are expected to wear masks.

Dining Management continues discussions with the Dining Committee on an acceptable plan for re-opening the Café and the Grille. Details to come. The Memorial Day Holiday Schedule and Menu is on page 4.

Church Services- None planned for now. Interviews for a new Chaplain continue. Recorded services are still running on Channel 970 or livestream local church services.



Susan Carol is scheduled to begin sharing harp music from the hallways for residents of our Assisted Living neighborhoods.

Resident Group Meetings - Call Gwen Pope to reserve a room for groups of 10 residents or less in the larger meeting rooms. Seating must reflect social distancing requirements and masks must be worn by all attendees. No visitors allowed! Additional cleaning of the meeting rooms will be put into effect.

Woodworking Shop- Open now, limited to 2 people wearing masks and maintaining social distance.

Visitors - Healthcare resident situations regarding end-of-life visitation is still allowed. *No other visitors in Healthcare, Assisted Living or Memory Support are allowed, per CMS directives.* At this time we are still not allowing visitors to Independent Living apartments or cottage.

Response Protocols

WC has in place protocols to use in response to any positive test result or illness alert in order to contain the infection. This includes contact tracing and isolation capability and appropriate use of PPE. This prerequisite capability enables WC to slowly relax the constraints as outlined above.

P.S. - No Grocery Pick-up on Monday May 25.

Happy Memorial Day!

“It is important to realize that loosening our restrictions increases the risk of the virus infecting WC residents or staff due to interactions with non-residents. We all must think about our friends and neighbors on campus and how our actions may impact their health. I’m asking everyone to be vigilant and responsible so we can continue to avoid infection and fatalities.”

Dining Services Memorial Day Schedule

Closed for Breakfast
Café Open 11:30 a.m. - 1:30 p.m.



Take Out Box
Fresh Watermelon

Choice of Smoked BBQ Brisket

or Rotisserie Half Chicken

White Truffle Mac & Cheese

'old school' Summer Macaroni Salad

Green Bean & Red Potato Salad

Build Your Own S'mores

\$12.50



**Add a Refreshing, Large Glass of
Homemade White Sangria \$5**

Café Closed for Dinner