

June 25, 2020

Dear Residents and Families,

I would like to share the latest information we have about reopening healthcare and assisted living neighborhoods (including memory support) at Westminster Canterbury (WC). As you are aware, the State of Virginia is moving to Phase 3 beginning July 1. Westminster Canterbury's healthcare center and assisted living have received a similar pattern of three phases, but are not on the same timeline as the State of Virginia reopening phases.

The Center for Medicare Services (CMS) released information to address the reopening of nursing homes in phases; but, ultimately, placed final approval to reopen upon each state. Reopening means easing various restrictions that have been put in place in order to protect residents during the Covid-19 pandemic and then moving slowly toward more normal operations. The Virginia Department of Health (VDH) and the Offices of Epidemiology, Licensure and Certification are working in conjunction with state leadership to create Virginia-specific guidance for nursing homes to implement phased and safe reopening plans. (WC's assisted living will also follow these guidelines.)

Last week Governor Northam released the guidelines for a path to open areas in healthcare and assisted living. There are specific parameters that must be met in order to enter Phase 1 and progress through subsequent phases. On June 24, Westminster Canterbury submitted data to be considered for Phase 1 of healthcare reopening. We expect confirmation of Phase 1 in the next few days.

### **Baseline Testing**

Phase 1 requires baseline testing for all facilities. We received word this week that all residents and employees in healthcare and assisted living will be tested for Coronavirus on July 7. Testing will be administered by the Virginia National Guard. If we have any positive test results in Phase 1, we will continue testing until we have 14 days of no new infections in the healthcare and assisted living areas. We will conduct a second round of testing before moving into Phase 2.

Phase 2 may require another round of testing and will also last for a minimum of 14 days with no new infections. Any new positive test results will send us back into Phase 1. WC is required to progress through each of the three phases as outlined by the VDH. We must meet specific criteria in order to progress through each phase.

**During Phase 1 and Phase 2, visitation is prohibited  
except for compassionate care situations for end-of-life.**

*(Over Please)*

According to guidelines, limited visitation may be permitted once we enter Phase 3. We will keep you informed as we progress through each phase of reopening. Please remember that these healthcare phases do not mirror the overall state of Virginia phases of reopening.

All nursing facilities across the State will be in Phase 1 within the next two weeks. Facilities may move through phases at different rates and at different times. Some facilities have already completed baseline testing due to outbreaks in their facility, number of infections, or based on their location. As this is all very fluid, we are receiving guidance from state associations and consultants to ensure that we abide by the guidelines and procedures set forth by the Governor and the VDH.

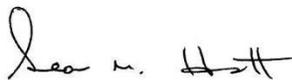
### **Safe Path Forward**

Although visitation guidelines in Phase 3 are not finalized, I can tell you that all visits will occur during restricted hours and with limits of one or two guests. All visitors will be required to pass our health screening which will include taking temperatures. WC will also not allow visits from individuals who have taken public transportation in the 14 days prior to visiting a loved one in healthcare or assisted living. In addition, all visitors will be required to wear a mask during the entire visit. Again, this only details some of our policies for visitation in Phase 3. Once we enter Phase 3, I will communicate visitation policies and guidelines in more detail.

The past few months have been challenging and stressful for everyone. I want to express my gratitude to our 400+ dedicated staff members who have worked tirelessly to ensure your loved ones are safe. Many of our teammates have worked in various jobs and roles to guarantee our continuity of operations during these difficult times.

I know these past few months have also been extremely stressful for you, our family members. We appreciate your patience and understanding, and I assure you that I know how eager you are to spend time with your loved ones. Phase 3 will be welcomed by all of us as we reopen Westminster Canterbury to family members. Please continue to be patient as we near that much-anticipated time and do our best to welcome each of you back on campus in a safe, strategic manner.

Sincerely,



Sean Huyett  
President & CEO